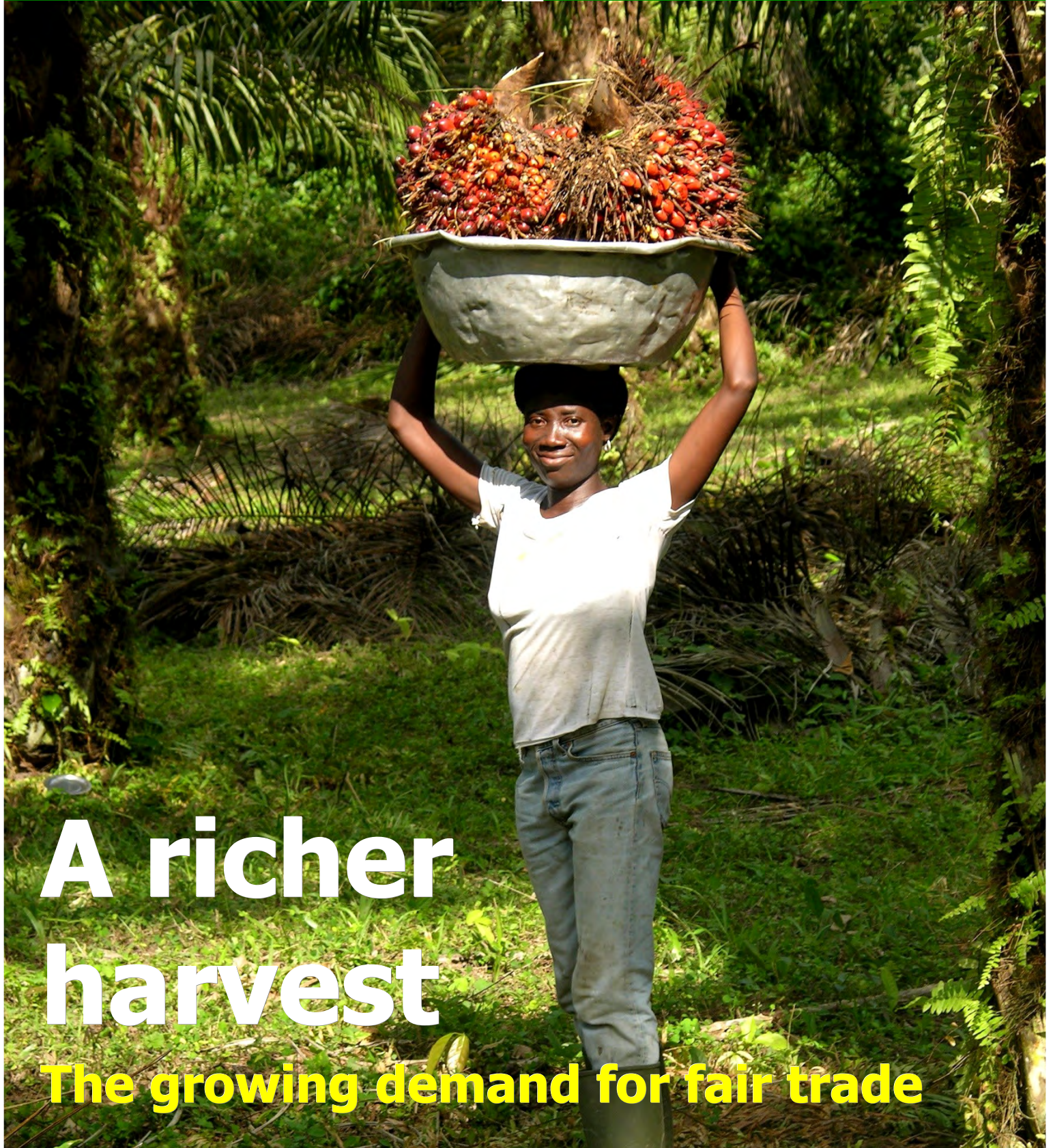


OCTOBER 2014

# the spire

[stjames-hamptonhill.org.uk](http://stjames-hamptonhill.org.uk)

FREE please take a copy



## A richer harvest

The growing demand for fair trade

AROUND THE SPIRE P4 ■ RECIPE FOR LIFE P6 ■ WHAT'S ON P7



# Our Church

Registered Charity No 1129286

## Clergy

### Vicar

**The Revd Peter Vannozzi** (pictured, right)  
Peter was born in Hanwell in 1962, but owes his surname to his Italian great-grandfather. He was ordained in 1987. Peter is a Governor of Hampton Hill Junior School and a Trustee of the Hampton and Hampton Hill Voluntary Care Group.  
Telephone: 020 8979 2069  
Email: vicar@stjames-hamptonhill.org.uk



### Curate

**The Revd David Bell**  
David was born in Skipton in 1952. He is a self-supporting minister, ordained in June 2012, and working during the week in events sponsorship management.  
Telephone: 077 1057 2498  
Email: davidbell@stjames-hamptonhill.org.uk

## Parish Office



### Administrator

**Jane Gibson**  
For all general enquiries and hall bookings. The office is open Monday, Wednesday and Friday mornings.  
Telephone: 020 8941 6003  
Email: office@stjames-hamptonhill.org.uk  
Address: St James's Church, 46 St James's Road, Hampton Hill TW12 1DQ

## Officials



### Churchwarden

**Carole Greville-Giddings**  
Carole has a background in social work, helps run The Ark, and is a chorister.  
Telephone: 020 8979 6592  
Email: carole.g-g@hotmail.co.uk



### Churchwarden

**Nick Bagge**  
Nick is a former television journalist, now working at a local theatre.  
Telephone: 020 8783 0871  
Email: Nickbagge1@aol.com



### Treasurer

**Don Barrett**  
Before retiring, Don worked at the Church Commissioners for England, who manage the Church of England's assets.  
Telephone: 020 8979 3331  
Email: donbarrett8@blueyonder.co.uk



### Organist / Choirmaster

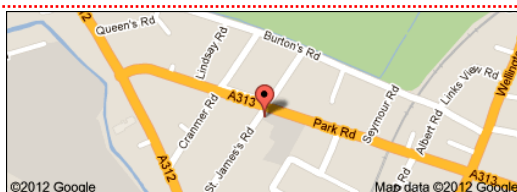
**Samuel Draper**  
Sam joined St James's in October 2010, after graduating from the Royal College of Music.  
Telephone: 020 8892 4957

## SUPPORT US

- The more **volunteers**, the more we can do
- Support us by **regular giving**, it's easy to do
- Leave a **gift in your will**, a lasting legacy

## Finding us

St James's Church is on the corner of St James's Road and Park Road. There is ample parking in the road.



**Bell Ringing** Susan Horner 020 8979 9380

**Brownies** Girlguiding.org.uk or 0800 1 69 59 01

**Charities and Links Committee**  
Ann Peterken 020 8891 5862

**Children's Champion**  
Stuart Richardson 020 8890 4854

**Church Cleaning** Debbie Nunn 020 8979 3078

**Church Flowers** Coryn Robinson 020 8979 6786

**Churches Together Around Hampton**  
Ann Peterken 020 8891 5862

**Deanery Synod** Ann Peterken 020 8891 5862

**Electoral Roll** Jane Gibson 020 8941 6003

**Eco-Group** Catherine Gash 020 8783 0563

**Guides** Girlguiding.org.uk or 0800 1 69 59 01

**Hall Bookings**  
Jane Gibson 020 8941 6003

**Hall Tea / Coffee Rotas**  
Clare Ryan 079 6413 1135

**Mission Partner Link** Liz Wilmot 020 8977 9434

**Mozambique/Angola Link**  
Gwynneth Lloyd 020 8943 0709

**Music and Worship Committee**  
Peter Vannozzi 020 8979 2069

**PCC Secretary** Clare Ryan 079 6413 1135

**Planned Giving Committee**  
Gwynneth Lloyd 020 8943 0709

**Properties Committee**  
Bryan Basdell 020 8979 2040

**Safeguarding Officer** Jane Newman 020 8979 6154

**Scout Group** Paul Fitchett 020 8941 7186

**Servers** Lesley Mortimer 020 8941 2345

**Sidespersons** Janet Taylor 020 8979 0046

**St James's Ark** Debbie Nunn 020 8979 3078

**St James's Hospitality / Parish Breakfast**  
Clare Ryan and Kirstie Craig 079 6413 1135

**St James's Players** Martin Hinckley 020 8979 0528

**The Shell Seekers (Sunday School)**  
Term-time in the hall from 9.25am (not first in month)  
Stuart Richardson 020 8890 4854

**Tools with a Mission** Janet Nunn 020 8979 6325

**Theatre Club** Peter Hale 020 979 9287

**Visitors' Group** Liz Wilmot 020 8977 9434

**Weekly Pew Sheet** Jane Gibson 020 8941 6003

# From the Editor...

Not only are we celebrating Harvest this month, but also we should be returning to the church for services after the installation of our new heating system. The services in the hall have worked well and, particularly at holiday time with fewer people, it has been good to worship in a smaller space, but naturally we are looking forward to getting back.

It seemed appropriate this month to have a feature on our contribution to fair trade as it is now such an established part of our life at St James's. We regularly have the stall on the first Sunday of the month. We use a variety of fair trade goods for Sunday refreshments. We must extend our thanks to Ann Peterken and Catherine Gash who work tirelessly. They also never miss a chance to take the stall to local schools.

No doubt you have heard or read about the display of poppies round the Tower of London to commemorate all those who died in World War One. I saw them last month. It is a very simple idea, but a moving experience and well worth a visit if you are in London.

Best wishes

Janet

Janet Nunn

Cover photo courtesy of Traidcraft © Carolyn Reynolds



**thespire** is published nine times a year for the Parochial Church Council of St James.

We make no charge for this magazine, but we hope that you will contribute towards the production costs to enable us to expand our important outreach across the parish.

If you are a regular reader please consider making an annual donation. Cheques should be made payable to **The PCC of St James** and sent to Spire Appeal c/o the Parish Office.

## STORIES, FEATURES

If you have any ideas, or would like to write for the magazine, please contact the Editor, Janet Nunn.  
Telephone: 020 8979 6325  
Email: janunh@btinternet.com

## AROUND THE SPIRE

If you have any news, please contact **Susan Horner**.  
Email: smhorner5@yahoo.co.uk

## WHAT'S ON

**Nick Bagge** is listings editor. If you have an event to be considered for inclusion, contact him.  
Email: Nickbagge1@aol.com

## WEBSITE / SPIRE BY EMAIL / YOUNG SPIRE

**Prill Hinckley** is webmaster. If you would like to receive the magazine by email, please contact her. Prill also compiles the Young Spire page.  
Email: p.m.hinckley@blueyonder.co.uk

## CIRCULATION

**thespire** is available free from church and other outlets. It is also delivered across the parish and posted further afield. Contact **Susan Horner**:  
Telephone: 020 8979 9380  
Email: smhorner5@yahoo.co.uk  
Write to: 5 St James's Avenue, Hampton Hill, Middlesex TW12 1HH

## NEXT ISSUE / COPY DEADLINE

The November issue is published on 26 October. All copy to be with us by **Thursday 2 October**.

## Credits

### PRODUCTION

**Design** Nick Bagge  
**Proofreaders** Susan Horner and Dick Wilde

### PUBLISHING

**Printer** Justin Hollingsworth 020 8686 4481

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Please recycle this magazine after use



# Come and worship with us!

## Sundays

**8am Holy Communion**  
**9.30am Parish Communion**

## Sunday 26 October

### Last Sunday after Trinity

Leviticus 19.1-2, 15-18;  
1 Thessalonians 2.1-8  
Matthew 22.34-end.



## Sunday 5 October

### Harvest Festival

**At 8am:** Deuteronomy 28.1-14;  
2 Corinthians 9.6-15;  
Luke 12.16-30.  
**At 11am:** Psalm 8; Matthew 13.1-9

## Sunday 12 October

### 17th Sunday after Trinity

Isaiah 25.1-9;  
Philippians 4.1-9;  
Matthew 22.1-14.

## Mondays-Fridays (not Tues)

**9.15am Morning Prayer**

## Tuesdays

**9.30am Holy Communion**

## Next Month

### Sunday 2 November

**3.30pm** All Souls' Memorial Service

### Sunday 9 November

**9.45am** Remembrance  
Sunday



DISCOVER WHAT'S ON IN CHURCH AND LOCALLY ON PAGE SEVEN

# Harvesting knowledge



**W**ho was your best teacher? I expect you will think straight back to school and name the one who had the biggest impact on you. Or is it easier to remember your worst teacher? That could be because uncomfortable feelings of embarrassment or anger are held for longer and with more clarity in the brain.

I'm suggesting that as a reason, but I don't know for certain because I have not learnt about neuroscience. But we are learning all the time and so your best teacher in life could actually be not a school teacher but a member of your family, someone at work, the leader of a training course or a friend.

For me, it is a colleague at work who demonstrated to me a way of understanding the needs of people. I picked this up and adapted it just by working with her. She taught herself to understand others by asking carefully prepared questions, which showed she was genuinely interested in the person, and then kept quiet and really listened to what was said. She recently celebrated her 35th anniversary of working at the same firm.

## Harvesting of knowledge

All through life we are learning and responding to our own curiosity. In this country, the farmers are reporting a bumper harvest of crops and fruit this year, so can the same be said for your own 'harvesting' of knowledge? There is such a variety of ways of learning... from others, from travelling to other cultures, visiting an exhibition and in more formal teaching environments.

At St James's, our series of teaching sessions by the clergy, and the Saturday morning *Faith at Work* talks by many of us, have been well attended and show a curiosity that is the mark of a growing and engaged community.

My own harvesting of knowledge has been busier than I expected at this stage in my journey through life. I have been immersed in learning about God through scripture for the past few years and this has prompted in me even more curiosity for the topic.

## Learning and liberation

So as the seasons of the year change around us and for many of us the chances to be outdoors are more restricted, you might consider how some learning could liberate you in other ways. When Jesus was not praying and healing people, during his time amongst us, he was teaching. Apart from his disciples, he didn't

select his pupils. They chose him and stayed to listen because he told stories which related to how they lived, the difficulties they experienced and what they hoped for.

Did he listen, like my talented work colleague, so that he really understood them?... or was his upbringing enough to equip him for his mission? Probably an element of both, but it does underline his humanity and the wonderful grace from God that enables him to be where we are and aware of how we are feeling.

## God's spokesperson

The author of the letter to the Hebrews was trying to help his audience learn. He was an expert in the Greek language and clearly had an extensive knowledge of the Old Testament when writing about Jesus as God's spokesperson, the one true high priest and the gateway to our salvation. He had a talent for showing how the content of the Jewish scripture should be interpreted in the light of its fulfilment in Christ. His letter is designed to be read aloud and takes the form of teaching and motivation for the first-century house church congregation that he is addressing.

These early Christians were also probably well versed in the scripture and would have been followers of Jesus for some time. The letter describes Jesus in various ways, one of which is God's son with authority over his house. The house he refers to, which belongs to God, is all of us.

It is those of us who hold on tightly to the free delight and confidence of our hope, says the letter. And in that delight, I suggest that we can endeavour to be lively and learn more and discover the new and the unexpected. To harvest our knowledge, as we grow in faith.

**T**he letter to the Hebrews is an encouragement to us to apply enthusiasm for the task of bringing our hope to its full, assured goal. We are encouraged by the writer to know that there are people who are inheriting the promises of God, as described by Jesus, through faith and patience and we should be copying them!

The author is a teacher writing speeches centuries ago, but with a message for us now and by God's grace passing on to us his insight and the knowledge given to him.

Whatever you may decide to learn in the next few months, I hope it proves to be a fruitful harvest.

News from Milo has been much better this year thanks to the arrival of a clinical officer, a retired older doctor and a young doctor, Flavian Mgaya (in the picture), who is acquiring the skills to take charge.

Saraphina Chaka, whom St James sponsored in 2009, is now hospital administrator and Canon Matthew Mhagama, from Zanzibar, becomes the eighth bishop of South West Tanganyika this month.

Please remember the hospital and the diocese in your prayers, not forgetting the self-giving service of Doctor Simeon Mbuligwe who died in July.

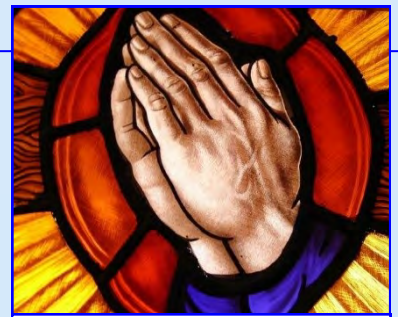
## Charity Box St Luke's Hospital, Milo

Our much loved hospital in south west Tanzania has been through a very difficult time. After Benaiah Kilwale's death in 2011, Doctor Simeon Mbuligwe carried on valiantly until he suffered a stroke in March last year, aged 74.

For almost a year there was no doctor at Milo, so patients needing any kind of surgery had to travel much further afield.

In April, the hospital administrator's 25-year-old daughter died from complications, following a caesarean in another hospital.

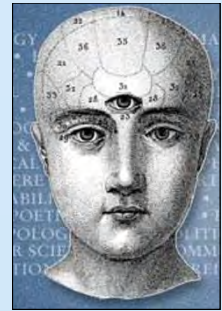
The diocese had to contend with the death of Bishop John Simalenga last November.



## Thought & Prayer

Taking time to talk to God

## Growing in Faith



Let us come boldly to the throne of grace, so that we may receive mercy, and may find grace to help us at the moment when we need it.

*Hebrews 4.16*

Let us strive to know the Lord;  
His appearing is as sure as the sunrise.  
He will come to us like the showers,  
Like the spring rains that water the earth.

*Hosea 6.3*

Jesus the Messiah is the same, yesterday, today  
and for ever.

*Hebrews 13.8*

One unforgettable day, dear God,  
You reached down to where I was  
And lifted me up to where you are  
And we have been inseparable  
From that moment to this.

*Ruth Harms Calkin, Pakistan*

For your blessing we thank you, God.  
Faith in you, increase it, we beg, so that we  
no longer doubt.  
Drive out all our miserliness, so that we do not  
refuse you anything,  
Increase our faith, for the sake of those  
without faith,  
Make us instruments of our faith, for those with  
only a little,  
In your hands we place ourselves, and are secure  
Make haste to enter our hearts; make haste.

*Masai people, Tanzania*

Christ Jesus, following you is discovering this  
Gospel reality: you are praying with each one of us.  
Your forgiveness and your presence bring to birth  
the clarity of trust and you offer an inner healing.

*Brother Roger of Taizé, France*

Lord help us to listen and make your love real in the  
world that seeks meaning and life;  
And for those who think death is the end, grant to  
them a new vision of light.

*Truro Cathedral prayer card*

Faith makes us sure of what we hope for and gives  
us proof of what we cannot see.

*Hebrews 11.1*





Local and National stories

## A goodbye toast to administrator



**NICKIE JONES**, who has been our administrator for four years, bade farewell on 27 August to take on a new full-time job. Over four years, Nickie has combined efficiency, patience and good nature to be a welcoming and helpful presence in the church office. We wish her well in her new job and welcome Jane Gibson as her successor. Nickie and Jane are pictured, centre, with well-wishers from the church.

## Great response to Planned Giving

**THANK YOU** to everyone who responded to our recent Planned Giving appeal. More members have pledged to donate a regular sum of money to St James's Church to help us meet running costs. Many existing givers have increased their support. An extra £6,084 (before Gift Aid) for the year has been raised, a 9% increase in total income. It is not too late to make a regular donation to the church. Look for the leaflets in church.

## RNLI award to local fundraisers



**JILL GODDARD** has received a gold long-service award for her fund-raising work for the RNLI. Jill, who is chairman of the local branch, is pictured above (2nd from right) at the award ceremony, together with souvenir officer Joan Catt, who was also awarded a gold badge, treasurer Philip Bateman, who received silver, and Charles Hunter-Pease OBE, chairman of RNLI. The Twickenham, Teddington and District branch, in existence since 1959, has collected more than £1million for the charity.

## Christmas cards and gifts on sale

**CHRISTMAS** cards, advent calendars and gifts in aid of various charities, will be on sale after the 9.30am service on 26 October (in church) and 2 November (in the hall). There will also be a Traidcraft stall on the latter.

## 'Threat to survival' of Christians

**THE ARCHBISHOP** of Canterbury, Justin Welby, says Christians and other minorities face 'a state of emergency' in the Middle East.

After meeting with leaders and representatives of Middle East churches, he said there had been 'gross violations of fundamental rights and freedoms' in the birthplace of Christianity. 'In Iraq and Syria we are seeing an extreme religious ideology that knows no limits. The perpetrators of this violence must be held to account without impunity.'

The Bishop of London, Richard Chartres, said, 'A tragedy of historic proportions is unfolding and there is a threat to the very survival of the Christian population in some of the most ancient homelands of our faith.'



# What a difference



The Fairtrade Mark has been appearing on products for 20 years and sales are increasing as more of us call for fairer deals for producers.

**Ann Peterken** reports on our continuing contribution.

**A**s the editor has said, promotion of fair trade products is embedded in the life of the parish, both in what we use and what we sell at our monthly Traidcraft stall.

Traidcraft was one of the pioneering fair trade companies, established 35 years ago in 1979, as a Christian response to poverty. Their food and craft products can be bought online and in certain shops, including Oxfam, but their network of *voluntary* fair traders remains of vital importance — selling Traidcraft products in churches, schools and places of work.

Since 1994 the Fairtrade Mark has been visible on food products and customer power has ensured that supermarkets stock a growing number of them. Our buying choices really do make a difference.

### Traidcraft Roadshows

When Traidcraft launches a new catalogue (twice a year) members of staff travel the country to meet the fair traders who sell their products. Catherine Gash and I always try to attend the London events to learn from the presentations, meet visiting producers, and look at the craft products. It is always a joy to meet other fair traders and you are most welcome to come along with us.

Traidcraft staff are very friendly and convey a big thank you on behalf of themselves and their producers. At the August Roadshow they showed the lovely smiling faces of the producers seen above, which we now share with you as a big THANK YOU for buying from our stall.

### FOCUS ON PRODUCER

#### Honey and coffee from Guatemala

Many of us buy and enjoy 'runny honey' and coffee from a small cooperative called CIPAC in Guatemala's hilly north west. Traidcraft has been buying their honey for many years, and coffee for the past three years following a diversification project to increase the

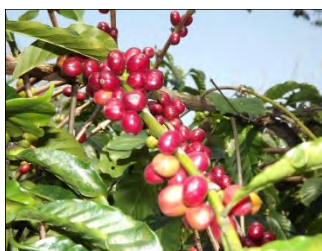
resilience of cooperative members.

Zenen Santana-Delgado, Traidcraft's Supplier and Producer Co-ordinator, says regular visits to suppliers are an essential aspect of their relationship.

'Since my first visit to CIPAC in 2008, I've seen the cooperative grow stronger and the positive impact Traidcraft's trading has had on members, their families and communities.

'Back then I met Abraham Ramirez, a shy young man with a few beehives, but I distinctly remember the determination and perseverance in his words. I was delighted to meet him again and discover he now has more than 200 beehives.

'With part of the money from honey income, he's been able to buy a small coffee plot and although he's still shy, he has really grown and is optimistic about his future.'



**GROWING COFFEE HAS BOOSTED INCOME**

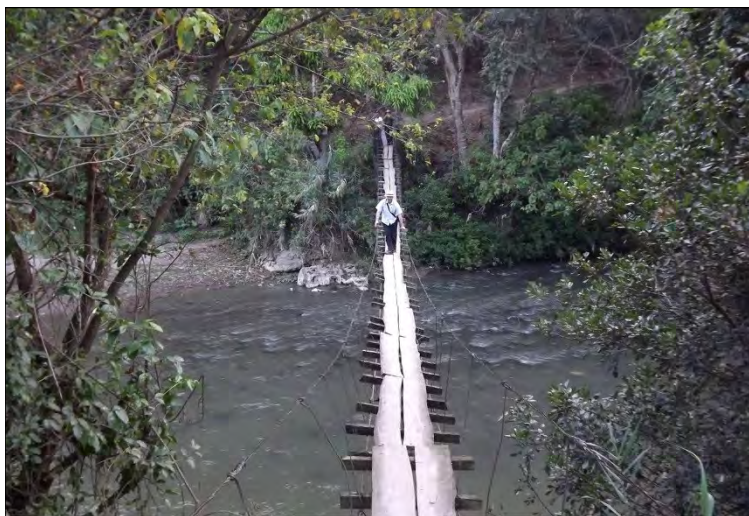
Abraham explained, 'With the support of the cooperative and fair trade, my life has changed and I am able to provide for my family, including the education of my children. My thanks goes to Traidcraft and the supporters who buy our coffee. Without them, this would not have been possible.'

**A BRIGHTER FUTURE AS THE RUNNY HONEY MEN DIVERSIFY INTO COFFEE**



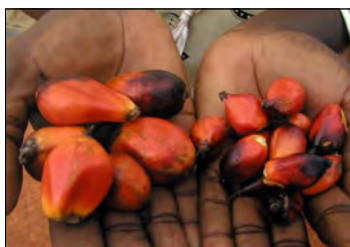


# fair trade makes



**FOCUS ON PRODUCER**  
**A world-first from Ghana**

**FROM  
PALM  
TO OIL**



For the past year we've been selling the Clean & Fair range — the world's first Fairtrade-marked household cleaning products — using FairPalm oil farmed and processed around the town of Asoum in the eastern region of Ghana. The cover of this magazine shows a basket of palm fruits on their way for processing — they come from trees on family farms, not huge plantations, and allow smallholders to diversify their marketable produce.

In the summer Safianu Moro from Serendipalm (Traidcraft's producer) visited the UK and delighted supporters with his knowledge and cheerful personality. He has worked at Serendipalm for four years after completing degree level studies in agriculture.



**CATHERINE  
AND  
SAFIANU**

It was a privilege for Catherine and me to hear him say that he loved his work and how he saw it having such a positive impact on people's lives.

Safianu mentioned a Motorised Boat Project, financed by the fair trade premium. The project benefits all members of the community by reducing the number of deaths on the river.

**THE  
LENGTHS  
TRAIDCRAFT  
GOES TO  
VISITING  
PRODUCERS**



Please try to make at least one of the Clean & Fair products — handwash, washing-up liquid, laundry liquid, multi-surface cleaner and bars of soap — part of your regular shop at our stall.

## Help for West Bank producers

Recent tragic events in the Middle East mean less people are travelling there, with the knock-on reduction in the local economy. Difficult lives become even harder, so your support of products from Zaytoun is more important than ever.

The Autumn catalogue includes two lovely wooden products from Holy Land Handicrafts — an olive wood nativity set and olive wood hand held crosses.



## CHRISTMAS SHOPPING MADE EASY! Traidcraft stall in the coming months

Please borrow a copy of the catalogue from church and consider some of the lovely products for gifts to family and friends.

You can also be a great help by spreading the word about our monthly stalls — the next two are on **2 November** and **7 December** (10.45-11.30am) with food and craft items, so please come and look.

We also plan to have a full display in church from 22-23 November and will confirm the dates and times on our website, so do check for updates:

[stjames-hamptonhill.org.uk](http://stjames-hamptonhill.org.uk)



# around the SPIRE with Susan Homer

## Two celebrations for one family

### THE PORTABLE

font given in memory of Vivienne Prentice was once again used for the baptism of one of her descendants, when her great-great-grandson Max Halford Fletcher Carrau was baptised on 20 July. Max is pictured with his parents Caitlyn and Rory, sister Amelia,



grandparents Coryn and Ian Robinson, great-grandparents Hal and Eila Severn, his godparents and others from the family.

A further celebration for Hal and Eila took place a month later, when Hal celebrated his 90th birthday on 31 August. A large congregation in the church hall sang *Happy Birthday* to Hal after the service. Hal and Eila went on to lunch with family and friends.



## Another church grandee turns 90



**OUR CHURCH** must foster longevity, as Jack Gostling has also celebrated his 90th birthday since our last issue. Jack and Ruth are pictured with their children Heather, John and Gill.

At a celebration party for family and friends at the White House Community Centre, Jack said, 'For once, I'm speechless!'

## Lent Appeal pays for second print

**MISSION PARTNERS** David and Shelley Stokes report that thanks to the £2100 we collected from our Lent Appeal, the Wichi people in northern Argentina have received a second batch of hymn books in their own language. A further 3000 copies were printed using money raised by St James's and other partner churches, to add to the initial run of 1000 copies.

## The sun shines for Dorset wedding

**WE SEND OUR** congratulations to Cressida Barrett, daughter of Griselda and Don, who married Alex Myers in West Dorset on 14 June.

Cressida and Alex are pictured with Griselda and Don, our treasurer, on this happy occasion.







# How we helped schools in Africa

**WE REPORTED** last month how the Shell Seekers, our Sunday School, raised enough money from a cake sale to buy 20 Scholar Packs, providing basic stationery to schoolchildren in countries across Africa.

The packs are the idea of the charity Tools with a Mission (TWAM). Encouraged by the response from the Shell Seekers, Janet Nunn ordered a further 80 empty folders in the hope that the congregation would be interested in helping to fill them.

There was a tremendous response and, with the help of a retiring collection on two Sundays, all 100 packs were filled, as well as several classroom packs which go with them.

Thanks must go to Alan and Jackie Camridge who not only donated a lot of stationery from one of Alan's firms, but also filled a quantity of folders.

Janet was also very grateful to Hampton Hill Stationers, who supplied lots of the stationery at discount.

One of the aims of this project was to draw to our children's attention how lucky they are with all their stationery needs readily available, unlike many African children who have little or nothing.

Many children who presented their completed folders to Janet said how much they had enjoyed doing something to help others.

All the Scholar Packs have gone in the van with the latest batch of tools to TWAM's base in Ipswich, Suffolk, for onward despatch to Africa.

One school which has already received Scholar Packs is Marantawua, a typical Kenyan school with 40 children aged four to eight. It has two classrooms, a few rickety chairs and little else. The two teachers, Anne and Anastasia, were thrilled with the Scholar Packs. The children sang to the TWAM representatives who had delivered them and they said it was very humbling to see how much it meant to the teachers and the school.

This has been an excellent project and Janet is very grateful to all who have supported her.



**Will and Matilda Berryman presenting their completed folders to Janet**

## Fond farewell from Shell Seekers

**AT THE END** of the Summer term, Shell Seekers and also presented her with flowers and a gift. bid farewell to Catherine Gash after four-and-a-half-years of leadership.

Catherine has been first among equals in the team that runs Shell Seekers — she was instrumental in organising the activities, hosting meetings in her home and keeping parents informed of events and schedules — and her involvement will be greatly missed.

The children made a big thank-you card to mark Catherine's departure



Catherine will still be around St. James's though, not least in her work with the Traidcraft stall, but she will have just a little more time now to spend with her family, particularly in her role as a new grandmother!

The Autumn term has started now so look out for Shell Seekers dates on the weekly sheet! And if you'd like to join the group, please come along and meet us. We always welcome new members and it's great fun.

## RECIPE for LIFE with Griselda Barrett

### Harvest W heatsheaf



**H**arvest Festival used to be celebrated at the beginning of the harvest season on 1 August and was called *Lammas*, meaning *loaf Mass*. Farmers made loaves of bread from the new wheat crop and gave them to their local church. They were then used as the Communion bread during a special mass thanking God for the harvest. The custom ended when Henry VIII broke away from the Catholic Church, and nowadays we have harvest festivals at the end of the season.

The end of the harvest was celebrated with a big meal, a Harvest Supper, eaten on Michaelmas Day. A goose stuffed with apples was eaten along with a variety of vegetables.

Goose Fairs were and still are held in English towns at this time of year. The tradition of celebrating Harvest Festival in churches as we know it today began in 1843, when the Rev Robert Hawker invited parishioners to a special thanksgiving service for the harvest at his church at Morwenstow in Cornwall.

Victorian hymns such as *We Plough the Fields and Scatter, Come ye Thankful People, Come* and *All Things Bright and Beautiful* helped popularise his idea of harvest festival and spread the annual custom of decorating churches with home-grown produce for the Harvest Festival service.

smooth and pliable.

4) Divide the dough into three pieces. Take one third of the dough and roll out into a rectangle (the size of your largest baking tray).

5) Cut out the shape of a large mushroom and place this on an oiled baking tray. Brush the mushroom all over with water.

6) Cut the second piece of dough into 30 pieces and roll each out thinly. Lay these onto the stalk of your mushroom shaped dough to make the stalks of the wheat sheaf.

7) Cut the last piece of dough in 3 and make 20 small sausage shapes from each piece.

8) Working from the outer edges, press the end of each one onto the top of the mushroom to form the ears of wheat. Using scissors make several snips in each wheat ear to create the impression of grain.

9) Use dough scraps from the first piece of dough to plait a twist to lay across the stalks of the wheat sheaf and to make a dough mouse.

10) Beat the egg and brush it all over the dough. Bake in a pre-heated oven for 25 minutes. To keep the sheaf as a decoration, lower the temperature and bake for a further 5 hours. (When quite cold you can brush the dough with varnish)

#### Ingredients

**Serves 12-14**

500g strong white bread flour or white spelt flour  
½ tsp salt  
½ tsp quick yeast  
1 tsp sugar  
300 ml water  
1 egg

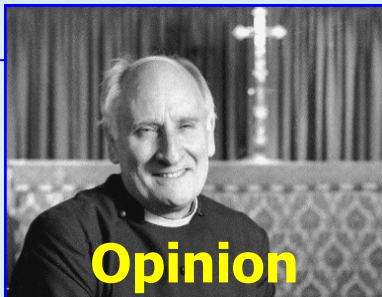
#### Method

1) Preheat oven to 200°C / Fan 180°C / 400°F / Gas 6. In a large bowl, mix together the flour, salt, quick yeast and sugar.  
2) Carefully measure the water and roughly mix it into the flour.  
3) Knead well until the dough feels



**Next Issue:**  
**Pumpkin Pie**





## Opinion

with Canon Julian Reindorp

### ISRAEL and PALESTINE

It is a desperate situation, and anything I write will be out of date when this is read, but as someone born in South Africa I always remember that Nelson Mandela, who left prison without renouncing the armed struggle, declared that South Africa would not be free until Palestine was free. He understood that the struggle for justice always unites ordinary people and isolates oppression and injustice.

### ISLAM and the ISLAMIC STATE

Clearly Islamic authorities are as outraged by the behaviour of the forces of the Islamic State and al-Qaida as the rest of the world. Recently the grand mufti of Saudi Arabia, the country's top cleric said that the Islamic State (IS) movement and al-Qaida are 'enemy number one of Islam'. The grand mufti is the spiritual head of Wahhabi Islam, normally seen as the most conservative and ideological brand of Islam.

### RICH RICHER, POOR POORER

According to the report from the Organization for Economic Co-operation and Development (OECD) by 2011, income inequality among working age people had risen faster in Britain since the mid 1970s than in any other rich nation. By next year the number of working people drawing housing benefit will have doubled. More than 60% of people receiving benefit are in work, so benefits are subsidising poor wages. Nearly a million people are now receiving money from food banks. Economists call this a sign of 'absolute' and not just 'relative' poverty.

### REVOLUTIONARY SAINT

Pope Francis is acting very differently from his predecessors. He is encouraging the canonisation of Archbishop Oscar Romero of Brazil, who was killed while celebrating mass in his own cathedral in 1980. He was famous for his support of the poor and Liberation Theology — theology expressed from the experience of the poorest in society. His most famous words were, 'When I give food to the poor, they call me a saint. When I ask why the poor are not fed, they call me a Communist.'

### UK's RICHEST STREETS...

By Christmas and five years into retirement I will have taken services in 20 churches in this diocese and Southwark diocese. I fill in for clergy on holiday, parishes in interregnums, as well as doing funerals in local parishes with the vicar's permission. My latest request has come from St Mary, the Boltons, where their vicar has left. I read this week that the Boltons in Kensington is the second richest street in Britain with average house values of £26.6m. Will it feel any different from any other congregation? I will let you know! In the last year the number of homes worth more than £1m has risen by 49% and the richest street by value is Kensington Palace Gardens.

### CALM DOWN AT 'PEACE'

A cardinal from the Vatican has issued instructions about the peace — the handshaking and kissing that have for many churches become a natural part of communion. He has called for a more sober expression of the peace with the suggestion that the priest should remain behind the altar. Strong reactions have been strongly expressed!

# What's On

with Nick Bagge



### Exploring Christianity

*Mondays until 10 November, 7.15pm,*

*Fitz Wygram Church Hall, St James's Church*

Continuing the opportunity to explore, reflect and talk about our faith. This course is for anyone who is seeking God and feels drawn to do so through Christianity. This is not so much an intellectual exercise as an adventure in faith. The evening begins with supper, followed by a talk, coffee and discussion.

Each week there will be a theme:

October 6 **Jesus Christ**

October 13 **The Holy Spirit**

October 20 **The Bible**

October 27 **The Sacraments**

November 3 **Prayer**

November 10 **Christianity today**

Please contact the office if you are interested in attending.

NEW

### Harvest Festival

*Sunday 5 October, 11am, St James's Church, followed*

*by lunch in the Fitz Wygram Church Hall*

Join us for Parish Communion as we celebrate Harvest Festival. The service will be followed by harvest lunch in the hall. We are collecting for the Food Storehouse in Feltham and The Upper Room in Hammersmith. Please bring non-perishable food items that are **unopened and well within their best by date**. A flyer with more information is in church.

NEW

### Initiatives of Change Talk

*Tuesday 7 October, 7pm, Initiatives of Change Centre,*

*24 Greencoat Place, London SW1P 1RD*

Lawrence Bloom is chairman of Be Energy, a bio-energy company committed to serving planet, people and profit. Lawrence will tell the remarkable story of his journey and turning points in his professional life, from a successful commercial property developer in the City of London to a global environmental activist. He will speak about his spiritual background and his belief in the need for a shift in global business consciousness. Refreshments from 6.30pm; talk at 7pm, ending at 8.45pm. Entry is free, but space is limited to 100. To book telephone **020 7798 6000**. A collection for the expenses of the evening will be taken.



NEW

### Churches Together around Hampton AGM

*Sunday 12 October, 5pm, All Saints Church,*

*The Avenue, Hampton TW12 3RS*

Evening Prayer, followed by a brief Annual General Meeting and a talk about religious literacy in the media. The speaker will be Dr Jenny Taylor, director of Lapido Media [lapidomedia.com](http://lapidomedia.com)



NEW

### Faith at Work

*Saturday 18 October, 9.15-10.15am, Coryn Robinson,*

*St James's Church*

The popular discussions about the part faith plays in our daily lives resumes for the Autumn with Coryn Robinson talking about *Faith in Teaching*.

It continues on the following Saturdays:

1 November — Richard Sleight and *Faith in Selling*

15 November — Betty Rainbow and *Faith in Many Roles*

29 November — Wendy Baker and *Faith as a Headteacher*

NEW

### Cantanti Camerati Concert

*Saturday 18 October, 7.30pm, The Magnificat, All Hallows' Church, Chertsey Road, Twickenham, TW1 1EW*

An evening of sacred music from the 20th and 21st centuries, including pieces by Britten, Duruflé, Finzi, György Orbán, Arvo Pärt, Parry, Stanford, and Randall Thompson. Tickets £10. Box Office **020 8898 8020**. There is car parking at the rear of the church in Emcroft Way.

NEW

### Christmas shopping and charity cards

*Sunday 26 October (in church) and 2 November (church hall),*

*10.45-11.30am, St James's Church*

Christmas cards in aid of various charities will be on sale. In November there will also be a Traidcraft sale. We can also order goods for you, with discounts of 15% on most non-food items. Borrow a catalogue from the back of church for lots of present ideas. There will also be a Traidcraft sale on **Sunday 7 December**.



**TRAIDCRAFT**  
Fighting poverty through trade

NEW

### All Souls' Service

*Sunday 2 November, 3.30pm, St James's Church*

All Souls' Day is a traditional time for the Church to remember all the faithful departed. St James's Church marks this day with a reflective service. This is not a morbid time, but a chance for people to remember their loved ones and the hope of the Christian Gospel, which is resurrection and new life.

NEW

### Remembrance Sunday

*Sunday 9 November, 9.45am, St James's Church*

*and at 10.55am at the War Memorial in the Churchyard*

We pause to reflect on the sacrifices made by our brave servicemen and women for the peace and freedom we enjoy today. We especially remember those from World War One in this centenary year.

We will be joined by Lieutenant Colonel Jean Trudel, pictured, the Assistant Army Adviser of the Canadian Defence Liaison Staff, who will be laying a wreath on behalf of his countrymen who are buried in our churchyard.



### Registers for July



#### Baptisms

- 5** Layla Louise Bays, Feltham
- 6** Fleur Dorothy McCall, London SW4
- 6** Alfred Victor Wodcke, High Wycombe
- 12** Oliver Jack Estall, Hampton
- 20** Mia Jean Randell, Hampton
- 20** Myla Bronte Arabella Sanders, Hampton
- 20** Max Halford Fletcher Carrau, West Molesey

#### Weddings

- 19** Benjamin Andrew Ward and Catherine Harriet Cunningham, Teddington

#### Funerals

- 16** John Richard Phillips, 71, Hampton
- 28** Barry Stuart Woodbridge, 74, Twickenham
- 30** Thelma Joyce Lamb, 91, Walton on Thames
- 31** Madge Parker, 92, Hampton

### Vicar's View



'Good news on the Lottery funding for the new central heating — three of our numbers came up!'





## The buzz of excitement in the metropolis

**C**ities. We love them or hate them. It may be their architecture, the buzz of the people or the atmosphere that captivates our attention. Cities can also be attractive for their situation or providing a jumping-off point to other sights. Others of us see them as crowded, dirty, polluted and crime-ridden agglomerations best avoided! I confess to having mixed feelings; some cities I absolutely adore, mostly for the strong recollections of living or visiting there, whilst others I will gladly avoid or have seen change for the worse. So here is an eclectic mix, representing significant experiences and memories from my work and travel.

### 1 BOLOGNA Italy



Some years ago I tutored at a summer school at the University of Bologna (Europe's oldest) and was captivated by this medieval city with its wonderful porticoes — covered pavements — incorporated into most city centre buildings, its famous defensive towers built by the rich noble families in the 12<sup>th</sup> and 13<sup>th</sup> Century, and emerging from the warren of streets onto the Piazza Maggiore, dominated by the Basilica San Petronio. This uncompleted church was originally planned to upstage St Peter's in Rome but further building in the 16<sup>th</sup> century was reputedly stopped by Pope Pius IV.

Bologna is also a 'foodies' delight, with wonderful restaurants and cafes, and don't miss a stroll around the city market providing a sumptuous selection of local produce.

### 2 SEVILLE Spain

Memorable for its spectacular cathedral lavishly decorated throughout in gold from the New World at the time of the ascendancy



of the city in the 16<sup>th</sup> Century; the intricately decorated Alcazar or Moorish Palace; and the Giralda bell tower, pictured, a former minaret without stairs but instead with a series of ramps allowing one to ascend on horseback. Significantly a city I never forget as we celebrated our silver wedding anniversary there some years ago, enjoying the delights of the city restaurants and the guidance of our niece then living in the city.

### 3 SARAJEVO Bosnia Herzegovina



Twenty years ago this was a besieged city devastated by four years of war. Today much of it has been reconstructed and life has returned once again to the lanes of the old city (Bascarsija) with its Ottoman origins. It provides a real kaleidoscope of architecture, cultural and religious diversity, with its orthodox and catholic cathedrals and churches and fine mosques and synagogue.

For the past 15 years I have been a regular visitor, and my abiding memories are the morning walk from my lodgings down the concourse alongside the Miljacki river, pictured, past the spot marking the assassination of Archduke Ferdinand a century ago, to the office, and returning back in the evening as locals promenaded along the Ferhadija street; or a weekend walk on Bjelasnica mountain — site of the 1984 winter Olympics — overlooking the city.

### 4 NAIROBI Kenya



Gateway to East Africa that I have seen grow into an unwieldy metropolis and traffic nightmare, but back in the early 1970s it was a far more relaxed city. Travellers in those days used to post notices on the trunk of the thorn tree providing shade at the eponymous café at the New Stanley Hotel, a favourite watering hole. Later when we lived in the remote north of Kenya, Nairobi, a 14 hour drive distant, was our point of civilisation and source of supplies.

It still provides a meeting place — a coffee, old colonial elegance at the Muthaiga Club, or a meal at the Carnivore — a meat eater's paradise serving all types of game meat. Just last year whilst working once again in

one of the modern office blocks dominating the city, I bumped into an old Australian colleague going from Juba in South Sudan.

### 5 CAPE TOWN South Africa



I have seen the atmosphere in this iconic city being transformed from the sterile apartheid era when I first visited in 1974 to the vibrant and colourful city of a changed South Africa, now a favourite winter holiday destination for us. A unique landscape with the backdrop of Table Mountain, pictured, in the heart of the city, its beaches, and the Cape winelands on its doorstep provide the ideal location.

Visit the Old Slave Lodge, the District Six Museum or take the boat out to Robben Island (where Mandela was incarcerated) to understand some of the history. Stroll in the Company Garden or visit the Kirstenbosch botanic garden to appreciate the flora.

### 6 SHIMLA India



Arrive on the Kalka-Shimla narrow track railway climbing over 4,500 feet from the heat of the Punjab plains right into the heart of this wonderful city, former summer capital of British India, and offering promises of the Himalayas beyond as their peaks protrude on the northern horizon. Walk along the famous Mall and Ridge jostling with local holiday-makers as they bargain for goods; and spy out the old colonial era buildings, many now preserved as heritage sites. Or sit in the Shimla club sipping a local Solan single malt with local government officials at the end of a day learning of Indian bureaucracy, as I did some years ago!

### 7 HANOI Vietnam

If you have the nerve to cross the street faced by the oncoming horde of bicycles and motorbikes, then this is a city for you! I loved it, exploring the merchant and artisan



workshops in the old quarter around Hoan Kiem Lake. Indeed it is a city of lakes, and offers a fascinating mix of French and Vietnamese styles. For tranquillity visit the Temple of Literature, reputedly the site of the world's oldest university established in 1070.

### 8 SYDNEY Australia



One of the most fabulous locations of any city in the world. Combine this with the climate, the lifestyle and cultural attractions and who wouldn't want to live there? The best way to arrive at the city centre is by ferry at Circular Quay, having passed all the famous sites. What a civilised way to reach the office, or take an extended lunch break by travelling out to Manley or Bondi beach. Beats the 'tube' any day!

### 9 CHARLESTON, SOUTH CAROLINA United States of America



This sophisticated and historical city is a recent discovery for me. It evokes a bygone era and offers the visitor really interesting insights into the history of English settlement in the US, of the slave trade and the Civil War; it was here that the first shots of the American Civil War were fired in April 1861. The old centre has many fine 'antebellum' houses, galleries and museums. Combined with genuine 'southern hospitality' this a very friendly city, in contrast to the usual impersonal concrete jungles found in the US.

### 10 LIVERPOOL England

No selection could be complete without going back to my origins! I spent my first 18 years looking across the Mersey to the 'Three Graces' on the pier head — the Royal Liver building, The Cunard offices and the Port of Liverpool building, representing the heyday of this wonderful city. The docks and industry may have gone, but with its music and football it remains a pre-eminent city.

